

Codebook for **male\_do\_eating.sav**

**Dataset structure**

Col #	Variable Name	Variable description	Variable value
1	<i>OE_frequency</i>	Frequency of overeating episodes	Integer count value (range: 0-29)
2	<i>EDEQ_restraint</i>	Mean dietary restraint score	Range: 0-6, higher score = higher restraint
3	<i>EDS_total</i>	Exercise dependence symptoms	Scores added across sub-scales (range: 21-126), higher score = more exercise dependence
4	<i>BMI</i>	Body mass index in kg/m-squared	Range: 7.89 – 57.20
5	<i>age_year</i>	Total years of age	Range: 18-30
6	<i>Income_group</i>	Income group	1 = less than \$19,999/year 2 = \$20 – 29,999/year 3 = \$30 – 39,999/year 4 = \$40 – 49,999/year 5 = \$50 – 59,999/year 6 = \$60 – 69,999/year 7 = \$70 – 79,999/year 8 = \$80 – 89,999/year 9 = \$90 - 99,999/year 10 = \$100 – 149,999/year 11 = \$150,000+/year

**Sample size**

1114 18-30 year-old, English-speaking males, living in the United States and identifying as White/Caucasian, African American, Hispanic/Latino, or Asian-American, recruited by Qualtrics Panels.